

AGGIES' 12TH MAN
TURNS 100

SATISFYING
SOUPS AND STEWS

WINDOW SHOPPING
AT PRADA MARFA

Texas Coop Power

FOR HEART OF TEXAS EC MEMBERS

JANUARY 2022

In the Care of Canines

How rescue dogs
are learning
to help people



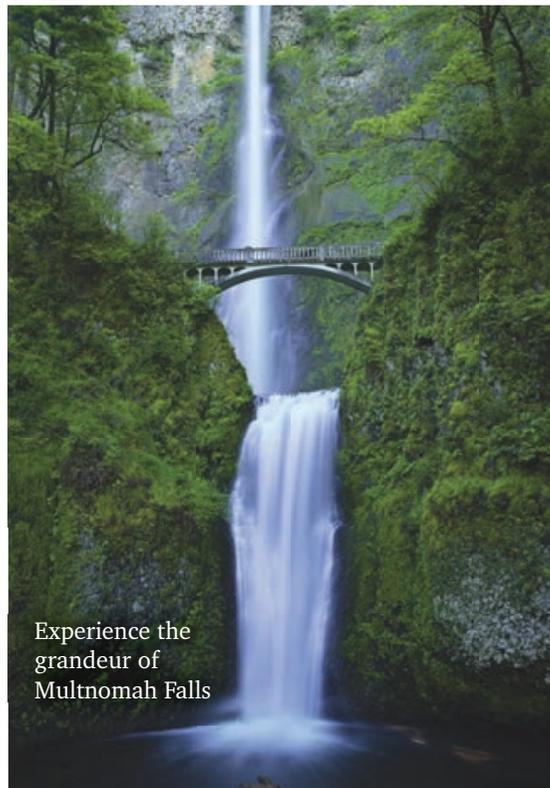


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12

08 Furred Responders

A Texas organization trains rescue dogs to help people overcome challenges.

Story and photos by Laura Jenkins

Aggie Standouts

Texas A&M's 12th Man tradition, a spirit that 'engulfs you,' turns 100.

By Rhonda Reinhart

04

Currents

The latest buzz

06

TCP Talk

Readers respond

18

Co-op News

Information plus energy and safety tips from your cooperative

29

Footnotes in Texas History

Joined by a Fence
By W.F. Strong

30

TCP Kitchen

Soups and Stews
By Megan Myers

34

Hit the Road

Faux Chic, for Sure
By Chet Garner

37

Focus on Texas

Photo Contest:
Fired Up!

38

Observations

Buck's Pluck
By Martha Deeringer

ON THE COVER

Peter Slush, a firefighter and paramedic with Bexar County District 7 Fire & Rescue, shares affection with Rudy.
Photo by Laura Jenkins

ABOVE

Members of the 12th Man on the sidelines in the 1980s.
Cushing Memorial Library | Courtesy TAMU Press

High Alert

DON'T SAY THEY didn't warn you.

It's long been known that rattlesnakes rattle their tails to alert aggressors or distract prey. But researchers recently reported in *Current Biology* that when a perceived enemy ignores the initial warning, the snakes switch from a low- to a high-frequency rattle to give the impression they are much closer than they actually are. When the initial slow, steady rattling rate of 12 hertz is ignored, rattlers will dial it up to as high as 100 hertz.



TCP Listen to a rattler's rattle with this story online.

FINISH THIS SENTENCE THIS YEAR, I'M FINALLY GOING TO ...

TCP Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town. Below are some of the responses to our November prompt: **A Texan Would Never ...**

Squat with their spurs on.

JULIE BAKER
BLUEBONNET EC
CALDWELL

Pick a bluebonnet.

TRACEY POWELL
TRI-COUNTY EC
ALEDO

Miss a chance to brag about Texas (and rightly so).

DONNA FALDYN
VIA FACEBOOK

Turn down barbecue.

THELMA BEASLE
LIGHTHOUSE EC
MEMPHIS

Ask someone else to finish their sentence.

JAY GEIS
HEART OF TEXAS EC
MOFFAT

To see more responses, read Currents online.

A COLD, HARD FACT

A fridge made 30 years ago uses almost four times as much electricity as a modern one.

66

distribution co-ops operate in Texas, from as far north as North Plains EC in Perryton and as far south as Magic Valley EC in Mercedes, and as far west as Rio Grande EC in Dell City and as far east as Jasper-Newton EC in Kirbyville. Co-ops power most of the state's landmass.



TCP Contests and More

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Weeknight Dinners

FOCUS ON TEXAS PHOTOS
Feathered Friends

RECOMMENDED READING

Where Birders Perch from April 2018 took readers to the World Birding Center, which spans nine sites in the Rio Grande Valley with ideal photographing opportunities.



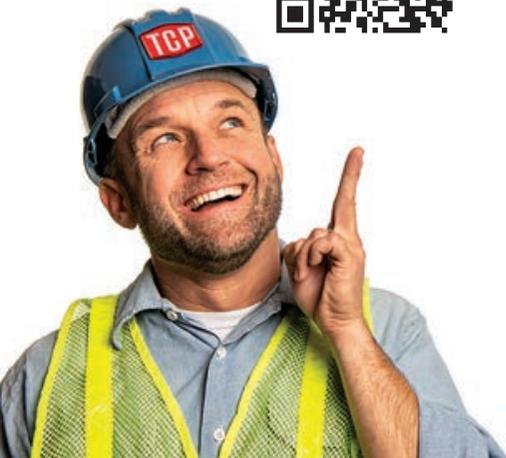
What's New, Chet?

TCP's website! The redesigned TexasCoopPower.com is easier to use and more mobile-friendly. Check out the latest in travel, history, recipes and personalities. Point your smartphone at the code below—and throughout the magazine—to get there pronto.



A Farsighted Mission

MOST ASTRONAUTS who spend at least a month in space return to Earth with impaired vision. And as NASA gears up for an eventual mission to Mars, which would require astronauts to spend at least 1½ years in space, the agency is turning to the Texas A&M University College of Medicine to study the effect of long-term spaceflight on the eyes and on the arteries, veins and lymphatic vessels that serve them and maintain vision.





DAVID MOORE

Dad's Service Station

"I too changed lots of tires and melted lots of hot patches on tires at Red's service station on the side of the hill."

EDDIE BOLCH
BRYAN TEXAS UTILITIES
BRYAN

The Tormenting Cries

I am thankful that Mary Ann Goodnight had a kind heart for animals [Last of Their Kind, November 2021]. It must have been tormenting to hear the cries of the bison calves whose mothers were slaughtered for their hides.

The U.S. government came up with the idea of killing off the bison to subjugate the Indians, and what a slaughter of immense proportions the idea produced.

The bison are as much a part of Texas' and this country's heritage as any other living thing. They have earned their right to survive.

Roberta McLaughlin
Heart of Texas EC
Lorena

My mom made meringue where it had little sugar tears [The Alchemy of Egg Whites, November 2021]. I could never get it right. She baked it on top of banana pudding. Fond memories.

LETA MASSEY
VIA FACEBOOK



EARL NOTTINGHAM | TPWD

Our Old House

I wanted to let you know how much I enjoyed Sheryl Smith-Rodgers' article on the Bendele family house [Not About To Fixate, October 2021]. My kids all got a kick out of remembering the details you wrote about. It made us all smile.

Kathy Bendele
Pedernales EC
Hye

Agree—we don't need to make everything new and shiny.

Roberta Dunn Dobie
Via Facebook

Meaningful Learning

I enjoyed the article about the Comstock high school kids doing research on Indigenous rock art with the Shumla Archaeological Research and Education Center [Learning Rocks, October 2021]. It sounds like a great way to engage kids in meaningful learning.

Felicity Hannay
Central Texas EC
Golden, Colorado

TCP WRITE TO US
letters@TexasCoopPower.com

Editor, Texas Co-op Power
1122 Colorado St., 24th Floor
Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

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The Invention of the Year

The world's lightest and most portable mobility device

Once in a lifetime, a product comes along that truly moves people. Introducing the future of battery-powered personal transportation . . . The Zinger.

Throughout the ages, there have been many important advances in mobility. Canes, walkers, rollators, and scooters were created to help people with mobility issues get around and retain their independence. Lately, however, there haven't been any new improvements to these existing products or developments in this field. Until now. Recently, an innovative design engineer who's developed one of the world's most popular products created a completely new breakthrough . . . a personal electric vehicle. It's called the **Zinger**, and there is nothing out there quite like it.

"What my wife especially loves is it gives her back feelings of safety and independence which has given a real boost to her confidence and happiness! Thank You!"

—Kent C., California

The first thing you'll notice about the **Zinger** is its unique look. It doesn't look like a scooter. Its sleek, lightweight yet durable frame is made with aircraft grade aluminum. It weighs only 47.2 lbs but can handle a passenger that's up to 275 lbs! It features one-touch



Available in Green, Black (shown) and Blue



The Zinger folds to a mere 10 inches.

folding and unfolding – when folded it can be wheeled around like a suitcase and fits easily into a backseat or trunk. Then, there are the steering levers. They enable the **Zinger** to move forward, backward, turn on a dime and even pull right up to a table or desk. With its compact yet powerful motor it can go up to 6 miles an hour and its rechargeable battery can go up to 8 miles on a single charge. With its low center of gravity and inflatable tires it can handle rugged terrain and is virtually tip-proof. Think about it, you can take your **Zinger** almost anywhere, so you don't have to let mobility issues rule your life.

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POWER OF OUR PEOPLE

Furred Responders

A Texas organization trains rescue dogs to help people overcome challenges



FROM TOP Trainees at Service Dogs Inc. near Dripping Springs. First responders with Bexar County District 7 Fire & Rescue with Rudy. OPPOSITE PAGE, FROM TOP Sheri Soltes, president and founder of Service Dogs, with Poppy, a trainee. Austin Meredith, a senior computer science student at the University of Houston-Clear Lake, and his service dog, Peaches, live on campus.



STORY AND PHOTOS BY LAURA JENKINS

The room was grim and silent, save for the rustling of papers. Lady, Rudy and Chanel—two yellow Labs and a golden retriever mix—slipped in as police officers studied security camera footage, surveying the aftermath of the shooting that left 23 people dead at an El Paso Walmart in 2019. The dogs knew what to do.

“Lady started making herself known to those who were going through security footage,” says Frankie Trifilio, Lady’s handler and one of three emergency medical services managers who flew to El Paso with the dogs from Methodist Healthcare in San Antonio to support first responders. “When Lady rolled on her back, a tall, muscular guy who looked like a member of a SWAT team asked me, ‘What is she doing?’

“I said, ‘She’s making herself available. She likes belly rubs.’”

The officer went back to what he was doing. But within a matter of minutes, he succumbed.

“He knelt down and started rubbing her belly, saying, ‘Oh come here. Who’s a good girl? Who’s a good girl?’” says Trifilio. “That was the catalyst for others to interact with the dogs, and suddenly everything came alive. Everyone started talking. There was laughter. When we left, people were communicating and collaborating. I can only speculate that it helped with the investigation. But I know firsthand that it helped those officers personally and emotionally.”

Providing trained dogs for people in need is nothing new to Sheri Soltes, founder and president of Service Dogs Inc., the organization that trained and placed Lady, Rudy and Chanel. An attorney by trade, Soltes was headlong into a successful career more than 30 years ago when she realized that the stress of the job was taking a toll on her health. She was living in Houston when she started thinking about a career change. At the time she had no idea what was next.

“One day I was at the eye doctor and picked up a maga-



zine that had an article about dogs helping people with disabilities,” says Soltes. “At the end it said that some of the groups used dogs from animal shelters, and that appealed to me because I’ve always been drawn to animals, especially those in need.”

Soltes saved the article and contacted organizations mentioned to find information that would help her build a nonprofit. She conducted a survey in Houston to see how many hearing-impaired people might be interested in a hearing dog; 75% answered affirmatively. Then she found a local dog trainer who agreed to visit shelters with her and help her find dogs best suited for service.

What began in 1988 as a home-based, one-dog-at-a-time endeavor has grown into a 6-acre campus near Dripping Springs, complete with a training facility, kennel and devoted team of trainers and caregivers. Even though SDI, a member of Pedernales Electric Cooperative, has placed more than 750 assistance dogs over the years, the operation is no assembly line. Soltes says they’ve developed an “artisan” approach to training because they select, train and match dogs to meet each client’s specific needs.

RIGHT Methodist Healthcare EMS relations managers and their dogs. BELOW Becky Kier, a former trainer at SDI, leaves the Humane Society of the New Braunfels Area with Lily, who is now in hearing dog training.

It might seem like any dog could be trained to mitigate any disability, but Becky Kier, former director of training at SDI, explains that when it comes to assistance dogs, one size definitely does not fit all.

“What they all have in common,” says Kier, “is that they’re all super sociable, obedient and have really good temperaments as far as loving and accepting all humans and animals. They’re not rattled by anything. But beyond that it comes down to the disposition of each individual dog. A hearing dog, for example, must take cues from the environment. We teach them what to do at first, but at some point, they have to take ownership of that.”

Kier says guide dogs for the visually impaired are hardest to find because they must be obedient and proactive without a lot of redirection. Even though SDI does not train animals to serve people with visual impairments, it does get a lot of “career-change” dogs from Guide Dogs for the Blind, the largest guide dog school in North America. Career-change dogs can have an excellent temperament, but they can also have qualities and traits that disqualify them from guide dog service.

“One of our recent graduates, Sensi, was released from GDB for not liking to work in the rain,” says Kier. “She didn’t want to guide through puddles. But she’s an ideal hearing dog.” Kier notes other examples of career-change dogs, such as Artist, who needed more supervision in the home than a blind person could provide, and Tootsie, who didn’t like the guide harness. “Dogs have idiosyncrasies just like people do,” she says.

Before the partnership with GDB provided career-change animals, all of SDI’s dogs came from rescue organizations. Many still do. For more than three decades, Soltes and her team have been searching animal shelters, offering a life of love and service to abandoned and unwanted dogs. Kier found Sherlock, a terrier mix, on a routine visit to the Humane Society of Central Texas. After his training, he was partnered with Megan Harris of Austin, who’s had a hearing impairment since she was 15 months old.

“Before he entered my life, I didn’t feel comfortable being left at home by myself,” says Harris, who has been partnered with Sherlock for more than eight years. “Anybody could enter the house at any moment, and I wouldn’t hear them. I worried about hearing smoke alarms, the doorbell and timers. Once Sherlock became my hearing dog, I felt more relaxed and at ease at home and in public.”

In the beginning Soltes was focused solely on the need for hearing dogs. But before long others began asking if she could train dogs to meet other specific needs, and SDI expanded its programs.



LEFT Patty Maginnis, a district court judge in Montgomery County, with Sumi, who provides victim support in the courtroom. BELOW Sherlock has been assisting Megan Harris of Austin for eight years.



“A couple of years into it, a young man who had become paralyzed from the shoulders down asked if we could train a service dog for him,” says Soltes. “Another woman with paraplegia did too. We weren’t sure, so we did two as a test run, and it was successful.”

Soltes thrives on the challenge of innovating new programs to meet the needs of those who seek help.

“A few years ago, we were at a Texas Medical Association conference in Houston and a battalion chief said to me, ‘Our suicide rate is approaching that of veterans. Can you help us?’” Soltes says. “I took that information, did some research, and we created a program that provides dogs to support first responders.”

Lady, Rudy and Chanel are a result of that initiative.

Soltes says it takes approximately \$50,000 to adopt, train and provide lifelong follow-ups for one dog. Despite that cost, SDI provides each one at no cost beyond nominal application fees and personal travel expenses. They rely on donors, sponsors, grants and fundraisers to operate. But Glenda Ann Kea says you can’t put a price tag on the profound difference SDI is making in the lives of Texans with disabilities. When her systemic lupus became debilitating, she got so depressed she stayed in bed for nearly two years.

“At that time the doctors were prescribing me tons of narcotics because I was in so much pain,” says Kea, who lives in Allen, north of Dallas. “I couldn’t get up on my own and I didn’t want to. I didn’t see the point. If I dropped something, my day was over because there was nobody there to help me pick it up. Seriously, I wanted to die.

“But when I got DaVinci, I had to brush him and feed him, so I’m moving and breathing and going outside, even if it’s only my backyard. When I’m in my bedroom, he can hear if something drops on the tile. He’ll get up, come in here and look at me like, ‘Do you need me to get that?’ Now I genuinely want to get up every day. In a very real sense, DaVinci saved my life.” ■

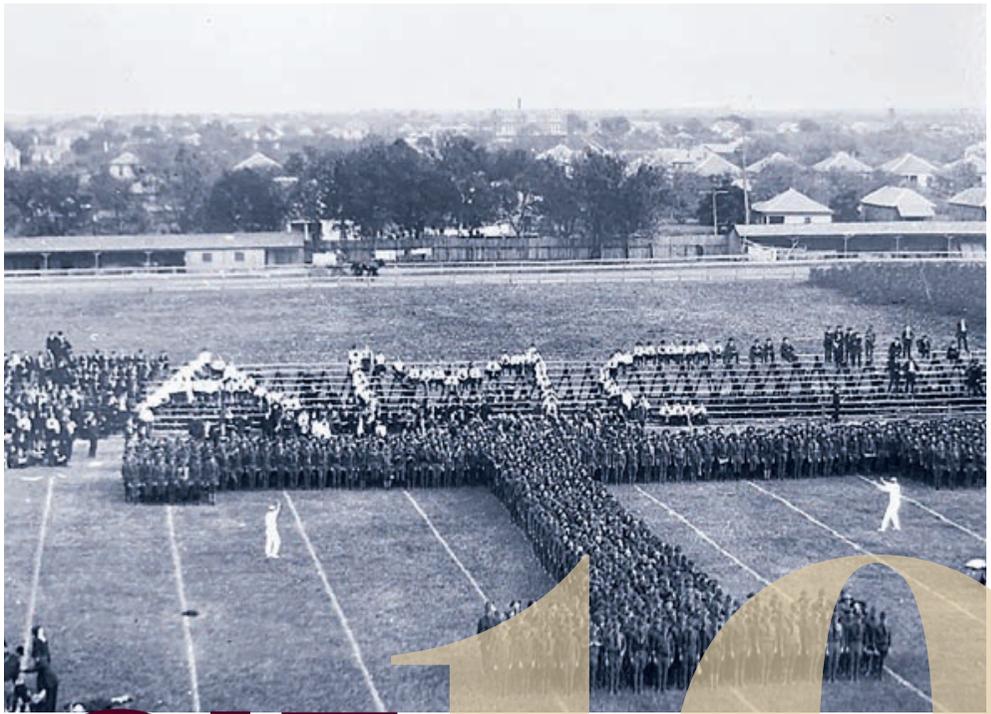


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TCP POWER OF OUR PEOPLE

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AGGIE 100 STANDOUTS

BY RHONDA REINHART

There are long shots—and then there are long shots. On January 2, 1922, at the inaugural Dixie Classic bowl game in Dallas, few fans thought the Texas A&M University football team had even a sliver of a chance at victory. The Aggies' opponents, after all, were the top-ranked Praying Colonels from Centre College in Danville, Kentucky. Centre included three All-Americans and had just knocked previously unbeaten Harvard out of the No. 1 national ranking.

The outlook was grim for the Aggies. “We were absolutely the unmitigated underdog,” says author and historian John Adams, a member of A&M’s class of 1973. “The papers all had A&M losing 40 to nothing, 30 to nothing, 20 to nothing.”

Then came the bumps, bruises and fractures. A&M’s captain and quarterback, Heine Weir, broke his leg on the third play of the game, and that started a domino effect of injuries, including at least one concussion. “At that time—and I think it’s still a rule—if you can’t have 11 players out there, you have to forfeit the game,” says Adams, a Bluebonnet Electric Cooperative member. “So it’s getting close to halftime, and they have 11 players, but they’ve got five of them that are injured.”

What happens next is the stuff of legend and the beginning of one of Texas A&M’s most revered traditions. With things looking bleak, Aggies coach Dana X. Bible remembered a kid named E. King Gill, class of 1924.

Though Gill was a member of the football team, he wasn’t

part of the squad traveling to the bowl game. He did, however, hitchhike from College Station to Dallas to see his buddies play at Fair Park, and he was up in the press box helping Waco sports writer Jinx Turner identify players on the field. But as the number of injured players quickly swelled, Bible had other ideas for the unsuspecting sophomore.

“All of a sudden, the coach turns and looks at the press box and waves at Gill,” Adams says. “So he comes out of the press box during halftime, goes under the stands—there’s no dressing room—and changes clothes with Heine Weir, the guy who broke his leg, and puts on his uniform. Gill comes out and stands on the sideline ready to go play. And then, little did they know, there is the beginning of the 12th Man.”

In Adams’ newest book—*Standing Ready: The Golden Era of Texas Aggie Football and the Beginning of the 12th Man Tradition*, published in December by Texas A&M University Press—he recounts the tale of the history-making bowl game, which was replaced by the Cotton Bowl Classic. Along with historical photos and little-known details from the game, *Standing Ready* features interviews with most of the major figures involved in the 1922 outing, including the bowl game’s founder, Joe Utay, class of 1908 and captain of the 1907 A&M football team, as well as Gill himself. “I spent five years working on this book, but I’ve been interviewing these guys for over 40 years,” Adams says. He interviewed Utay and Gill in the mid-1970s, before Gill died in 1976 and Utay in 1977.



OPPOSITE The block Aggie T formed at halftime by the Corps of Cadets at Kyle Field in 1920. LEFT E. King Gill, the original 12th Man. BELOW The Aggies make a goal-line stand in the 1922 Dixie Classic.



TEXAS A&M'S 12TH MAN TRADITION, A SPIRIT THAT 'ENGULFS YOU,' TURNS 100

One hundred years later, in honor of Gill and his willingness to stand up for his team, the A&M student section stands for the entirety of every football and basketball game. And what a student section it is. At every home game at Kyle Field, an average of 38,000 students decked out in maroon and white stand ready, cheering for their team and waving white flags emblazoned with "12th Man." A&M set an NCAA record for largest student section attendance in 2014 when 40,032 students watched the Aggies play Ole Miss.

Annie McGinnis, class of 2017 and director of communications at Tri-County Electric Cooperative, has attended A&M football games since she was a child. "I was born on Thanksgiving Day, so rumor has it I watched the first Aggie game with my dad the day I was born," she says. Her father, David McGinnis, class of 1990 and general manager and CEO at Grayson-Collin Electric Cooperative, confirms the tale. "She came at lunchtime, like 11-ish in the morning," David McGinnis says. "We played TCU that year, and she and I watched that game while Mom slept, sitting in the hospital."

Annie McGinnis describes the A&M student section as having a "spirit that pretty much engulfs you" and says that any potential discomfort from standing for four hours is no issue for Aggie fans. "There's so much adrenaline and camaraderie amongst the students who are standing with the 12th Man that you don't even think about your feet hurting because you're standing on wobbly bleachers," she says.

Cameron Smallwood, class of 1996 and CEO and general



Aggies captain Heine Weir, left, whose injury paved the way for the 12th Man, with coach Dana X. Bible.



LEFT The first A&M football team, organized in the fall of 1894. BELOW A letter from President Ronald Reagan to coach Jackie Sherrill recognizes the 12th Man.

TCP WEB EXTRA Enter online to win a copy of *Standing Ready: The Golden Era of Texas Aggie Football and the Beginning of the 12th Man Tradition*.

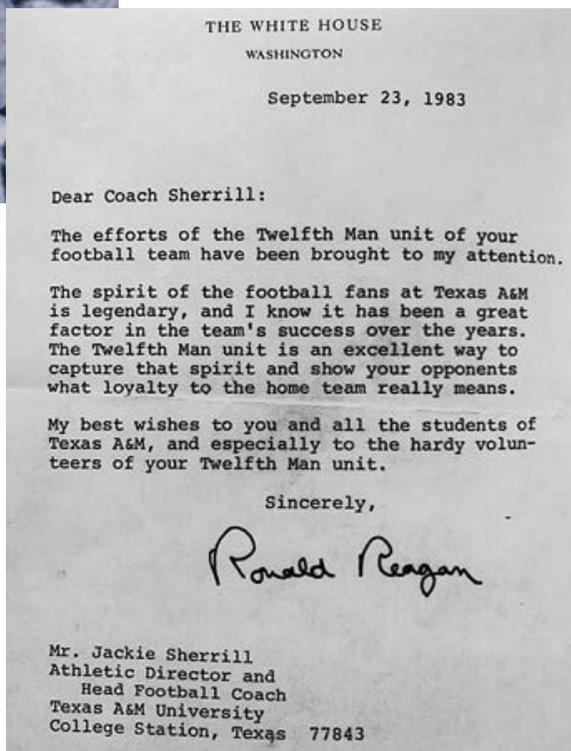


manager at United Cooperative Services, attended games as a student and has held season tickets for football and basketball games for many years since. “It’s like being part of a big family there cheering on the team,” he says. He likens the student spirit at A&M—and that eagerness to pitch in when needed—to working with an electric cooperative. “It’s a job with purpose,” he says, “so it fits our training pretty well.”

Like the McGinnises and Smallwood—and so many students before and after them—Gill never had to go on the field that winter day in 1922. The team didn’t need him to play after all. In fact, the banged-up country boys from College Station went on to win 22-14, accomplishing one of the biggest upsets college football has ever seen. The game made newspapers nationwide and, by Adams’ estimation, put Texas football—and Texas sports in general—on the map.

“It put a spotlight on sports in the state of Texas. That’s what the Dixie Classic did,” Adams says. “There had been some great SMU teams during that time. There had been some good TCU teams. University of Texas had a good team in 1919. But none of them got any attention—no All-Americans, no recognition, no ranking.”

While attention and accolades are, of course, welcomed with open arms, those aren’t what propel Aggie students to show up on game day, 12th Man towels in hand, and stand for their team. Gill, a longtime Corpus Christi physician, possibly said it best. In a 1964 campus speech, without even



a whiff of self-aggrandizement, he talked about that day at Fair Park and his role as the original 12th Man: “I’ve never thought that the 12th Man really belonged to a personality. It belongs to the A&M student body,” he said. “And every one of you can be a 12th Man. You stand up—stand up for what’s right and be ready to serve.” ■

#1 RANKED
AGGIE
100
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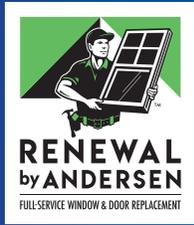
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California residents please call 1-800-333-2045 regarding Proposition 65 regulations before purchasing this product.

- 5" etched stainless steel blade; 9 1/2" overall length
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Goodbye 2021 Window & Patio Door Event



**Goodbye 2021 Event
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40% OFF¹

★★★★★ **and** ★★★★★

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• With all that 2021 threw at us, we're happy to see it go **and give you a HUGE discount!**

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• Our Fibrex® composite material is so strong **we're able to build thinner frames with a greater glass area** that allows more natural light into your home.

• **We eliminate the middleman** and manage your entire project—from selling and building the windows to the installation and warranty.



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FULL-SERVICE WINDOW & DOOR REPLACEMENT

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Dallas/
Fort Worth **469-606-5229**

San Antonio **210-961-9990**

¹Subject to availability, on a total purchase of 4 or more, buy 2 windows or doors, get the second 2 windows or doors, of equal or lesser value, 40% off – applied to lowest priced window and/or door products in purchase. Initial contact for a free Window and Door Diagnosis must be made and documented on or before 1/31/22, with the appointment then occurring no more than 10 days after the initial contact. ²No payments and deferred interest for 12 months available from third-party lenders to well qualified buyers on approved credit only. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Products are marketed, sold and installed (but not manufactured) by Renewal by Andersen retailers, which are independently owned and operated under Central Texas Windows & Doors LLC, d/b/a Renewal by Andersen of Austin and San Antonio. North Texas Windows & Doors LLC, d/b/a Renewal by Andersen of Dallas/Fort Worth and West Texas. See complete information and entity identification at www.rbaguidelines.com. ©2022 Andersen Corporation. ©2022 Lead Surge LLC. All rights reserved.



MESSAGE
FROM
GENERAL
MANAGER

BRANDON
YOUNG

Resolve To Save Energy in 2022

THE START of the new year always seems to bring about the inevitable lists of resolutions to improve one's life: Lose weight, stop smoking, exercise more ... conserve electricity.

Well, that last one maybe isn't actually on your resolutions list, but it can be just as important as any personal health goals—both to your financial bottom line and the overall health of our cooperative and the state's electricity system.

As one saying goes, it takes 21 days to create a new habit. During that time, it may take a conscious effort to change your behavior—for instance, remembering to switch off lights as you leave a room. But, you may find, after a few repetitions of a new behavior, you won't even have to think about it. You'll turn off the lights automatically.

Here are some other energy-saving resolutions that you might consider for 2022:

- ▶ Unplug computers, TVs and phone chargers, plus the coffeemaker and other kitchen countertop appliances, when you're through using them. These items draw electricity as long as they are plugged in, even when they're turned off.
- ▶ If any of the overhead fixtures, table lamps or outdoor lights around your home or business still have those old, inefficient incandescent lightbulbs or CFLs, change them to LEDs, which use less electricity and can reduce your power bill.
- ▶ Install a programmable thermostat. Use it to lower the heat by a few degrees when the family leaves the house every day and to raise it back up just before everybody gets home. You won't feel any less comfortable at home, but you'll notice a dip in your energy bill.

If everyone in Heart of Texas Electric Cooperative's membership embraced just one or two of these ideas, or took other energy efficiency measures, the effect would be greatly magnified. And if everyone in Texas embraced even the simplest of these ideas, like turning off unused lights, it could add up to significant savings and perhaps help keep the lights on for all of us. ■



MONKEYBUSINESSIMAGES | ISTOCK.COM

How To Stay Warm Without Cranking Up the Heat

STOP SHIVERING INDOORS just because it's cold outside. You don't have to crank up the heat to stay warm on winter's frostiest days.

Identify places in your walls where heated air can escape your home and cold air can get in. Then caulk liberally.

Invest in a smart thermostat that allows you to program it to lower the heat when you go to bed, raise it just before everyone wakes up, turn itself down again when the family leaves for the day and warm up the house before you return at dinnertime. This could save you 10% or more on your heating bill.

Maintain your heating system. Hire a tech to inspect yours for inefficiencies or hidden problems. Clean or replace your furnace filters regularly.

Scatter area rugs in rooms without carpet. They can prevent heat from escaping through the floor, and they feel warmer to walk on.

Open drapes on sunny days to let natural daylight and the sun's warmth into your rooms. Close them when the sun sets and it gets cooler outdoors. ■

4 Tips for Winter Safety

WINTER MONTHS bring increased potential for fire risks and electrical safety hazards. That's because during the coldest months, folks pull out space heaters, electric blankets and portable generators for added heat.

The National Fire Protection Association estimates that 47,700 home fires occur each year in the U.S. due to electrical failure or malfunction, resulting in 418 deaths, 1,570 injuries and \$1.4 billion in property damage. This winter, safeguard your loved ones and your home with these electrical safety tips from Electrical Safety Foundation International.

Don't overload outlets. Overloaded outlets are a major cause of residential fires. Avoid using extension cords or multi-outlet converters for appliance connections; they should be plugged directly into a wall outlet. If you're relying heavily on extension cords in general, you may need additional outlets to address your needs.

Never leave space heaters unattended. Turn them off before leaving the room. Make sure they are at least 3 feet away from flammable items, and remember that space heaters take a toll on your power bill.

Inspect heating pads and electric blankets. Look for dark, charred or frayed spots, and make sure the cord is not damaged. Do not place any items on top of a heating pad or electric blanket, and never fold them when in use.

Use portable generators safely. Unfortunately, winter storms can cause prolonged power outages, which means many consumers will use portable generators to power their homes. Never connect a standby generator to your home's electrical system. For portable generators, plug appliances directly into the outlet provided on the generator. Start the generator before you plug in appliances and always run it in a well-ventilated area outside your home. ■



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Heart of Texas Electric Cooperative

A Touchstone Energy® Cooperative 

CONTACT US

P.O. Box 357
McGregor, TX 76657
Local (254) 840-2871
Toll-Free 1-800-840-2957
Web hotec.coop

General Manager

Brandon Young

Board of Directors

Damon Boniface, District 6
Garland Cook, District 1
Kermit Dreyer, District 7
Paul Edge, District 2
Dan Foster, District 9
Kenneth Hollas, District 3
Bobby Nawara, District 4
Allen Shows, District 5
Larry Stock, District 8

24/7

Outage Hotline Numbers

For information and to report outages, please call us.

LOCAL
(254) 840-2871

TOLL-FREE
1-800-840-2957

Call or text "OUT" to report an outage.

ABOUT HEART OF TEXAS EC

HOTEC owns and maintains more than 3,800 miles of line to provide electric service to more than 16,500 members in Bell, Bosque, Coryell, Falls, Hamilton, McLennan and Milam counties.

MCGREGOR OFFICE

(254) 840-2871

1111 S. Johnson Drive • P.O. Box 357
McGregor, TX 76657

Office Hours: Monday–Friday, 8 a.m.–5 p.m.
Drive-Thru Hours: 8 a.m.–5 p.m.

ROSEBUD OFFICE

(254) 231-0444

159 Loop 265 • P.O. Box 598
Rosebud, TX 76570

Office and Drive-Thru Hours:
Monday–Friday, 8 a.m.–5 p.m.

BILL PAYMENT OPTIONS

- Credit/debit card payments
- Online at hotec.coop
- By phone at 1-855-399-2688

VISIT US ONLINE

hotec.coop



Check us out at
[TexasCoopPower.com/hotec](https://www.texascooppower.com/hotec)

Your Rights as a Member of Heart of Texas EC

I. Rate and Service Information

You may request copies of any portion of the cooperative's rate and service tariffs. A nominal reproduction charge may be made for each copy, and postage may be added if the copies are mailed.

II. Meter Testing

You may request a test of your electric meter if you believe that the meter is not accurately reflecting your actual electric consumption. This test will be made at no charge to you, provided that the meter has not been tested during the previous four years. In the event that you request a test more often than every four years and the meter is not defective, you will be required to pay a charge of not more than \$50 for the test.

III. Outstanding Bills

Under the tariffs of this cooperative, you will have 16 days from the date of issuance of the power bill to pay. If not paid in 16 days, the account will become delinquent and a termination notice will be mailed. If not paid in 10 days (a total of 26 days from the date of issuance), the account will be disconnected.

IV. Termination of Service

Your electric service may be disconnected after proper notice for the following reasons:

- a) Failure to pay an outstanding bill.
- b) Failure to pay a delinquent account or meet the terms of a deferred payment plan.
- c) Violation of the cooperative's rules for the use of service in such a manner that interferes with the service of others or the operation of nonstandard equipment; provided that the cooperative will make every reasonable attempt to notify you of the problem and allow you to remedy the situation.
- d) Failure to comply with the cooperative's deposit and guarantee requirements.

The cooperative may also disconnect at once and without notice where a dangerous condition exists and such disconnection shall remain in effect so long as the condition exists. Disconnection without notice may also be made when service is connected without authority by a person who has not made application for service or who has reconnected service without authority following termination of service for nonpayment. In instances of tampering with the cooperative's meter or equipment, bypassing meter, or other instances of

diversion, service may be terminated immediately.

Where notice is required, the cooperative will either mail or personally deliver a written notice of termination at least 10 days prior to the date of disconnection. Disconnection will only occur on those days when cooperative personnel are available to receive payment to prevent disconnection, or are available the following day to receive payment to restore service. If you are seriously ill or will become more seriously ill as a result of termination of service, you may have your physician call or contact the cooperative within 16 days of the issuance of the bill concerning your condition. The physician must provide a confirmation letter to the cooperative within 26 days of the issuance of the bill unless a lesser period is agreed upon. If you make a request to avoid termination under this provision, you must enter into a deferred payment arrangement.

V. Service and Billing Disputes

In the event you dispute your billing or any aspect of service, we invite you to request a supervisory review or investigation of the disputed matter. The cooperative will promptly make such investigation as is required by the particular case and report the findings to you.

If the matter is not resolved to your satisfaction, you may appeal to the Complaint Resolution Committee of the board of directors of this cooperative. Should the dispute involve billing, you will not be required to pay the disputed portion of your bill that exceeds your average monthly consumption for the previous 12 months. This provision is applicable pending determination of the dispute, but shall not be for more than 60 days.

VI. Alternate Payment Plans

As a member of the cooperative, you have a right to request alternate payment plans:

- a) **PAYMENT ARRANGEMENTS.** An arrangement may be made between you and the co-op in which you agree to pay your electric bill in full after the due date of the outstanding bill, but before the due date of the next bill. If you do not fulfill the terms of your payment arrangement, your electric service may be disconnected under standard termination procedures.
- b) **LEVEL PAYMENT PLAN.** If you are on a fixed income or have a unique financial need, you may qualify for a level payment plan. This plan allows you to pay a monthly

amount equal to an average of the current month's bill plus the previous 11 months' electric bill. If you do not fulfill the terms of your level payment plan, your electric service may be disconnected under standard termination procedures.

c) **DEFERRED PAYMENT PLAN.** If you have not been delinquent in paying your bill more than two times in the past 12 months and are unable to pay your entire bill, you are qualified for a deferred payment plan. Such plan requires that you keep all subsequent bills current and pay monthly an amount not to exceed a third of the outstanding amount. You may, but are not required to, sign this agreement and if you do not fulfill the terms of the agreement your service may be terminated under standard termination procedures. Such breach of the agreement voids your right to a deferred payment plan or renegotiation to avoid termination. The cooperative is not obligated to offer this arrangement if you have had service for less than three months.

VII. Service Connections

If your service is interrupted for any of the reasons listed under Section IV of the Bill of Rights, you may reestablish service when all outstanding and delinquent bills are paid and when a deposit is provided to the cooperative.

VIII. Cooperative Office and Business Hours

McGregor Office

1111 S. Johnson Drive,
McGregor 76657
Office business hours:
8 a.m.–5 p.m. Monday–Friday
Drive-thru hours:
8 a.m.–5 p.m. Monday–Friday
Phone: (254) 840-2871 or
1-800-840-2957

Rosebud Office

159 Loop 265, Rosebud 76570
Office business and drive-thru hours:
8 a.m.–5 p.m. Monday–Friday
Phone: (254) 231-0444 or
1-800-840-2957
Website: hotec.coop

IX. Deposit Policy

You may be required to establish credit satisfactorily by making a deposit. You will not be required to pay a deposit for residential service if you allow us to review your credit history and we receive a favorable report. However, if your service was terminated for non-payment, you will be

required to make a deposit. The deposit is limited to one-sixth of your estimated annual electric bill. Deposits accrue interest at the rate set by the board of directors annually and will either be paid to you when the deposit is returned or credited to your account. The deposit is limited to one-sixth of your estimated annual electric bill. Deposits accrue interest at the rate set by the board of directors annually and will either be paid to you when the deposit is returned or credited to your account.

After 12 consecutive residential billings, provided your account is current and you have not been disconnected for nonpayment or delinquent more than two times, your cash deposit plus interest will be applied or refunded.

X. Financial Assistance

Governmental or social service agencies may be able to assist you if you are having trouble making your payment for electric service to the cooperative. Please look for the government or social service agency which serves the county in which you receive service.

McLennan County—Economic Opportunities Advancement Corporation (254) 756-0954, Caritas (254) 753-4593, Salvation Army (254) 756-7271

Falls County—Economic Opportunities Advancement Corporation, (254) 756-0954

Bell County—Hill County Community Action, (254) 519-3360

Coryell County—Senior Citizen Center, (254) 865-8234; Hill Country Community Action, (254) 865-8234

Bosque County—Economic Opportunities Advancement Corporation, (254) 756-0954

Milam County—Hill Country Community Action, (254) 697-2243

Additional information may be obtained by contacting the Texas Department of Human Resources and Texas Community Affairs.

XI. Nondiscrimination

Your cooperative provides electric service without discrimination as to a member's race, nationality, color, religion, sex, disability or marital status. Credit history shall be applied equally for a reasonable period of time to a spouse or former spouse who shared the service.

STATEMENT OF NONDISCRIMINATION

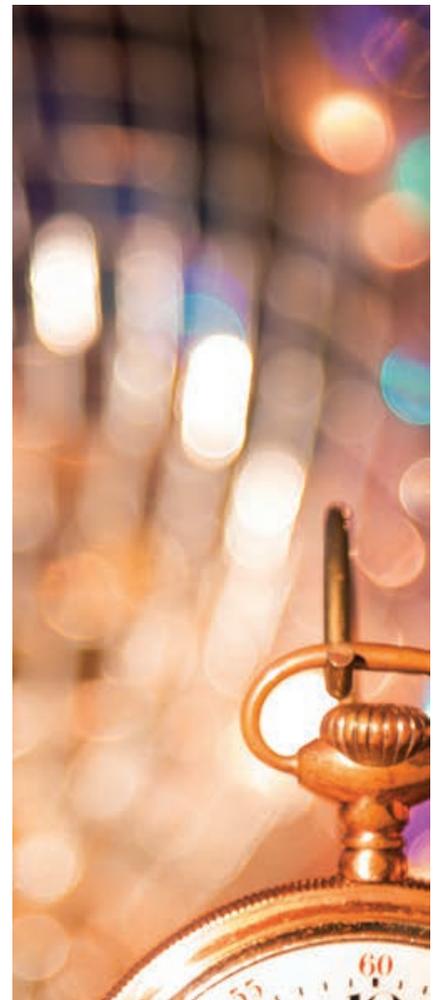
Heart of Texas Electric Cooperative, Inc., is an equal-opportunity provider and employer.

In accordance with federal civil rights law and U.S. Department of Agriculture civil rights regulations and policies, the USDA; its agencies, offices, and employees; and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 1-800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at ascr.usda.gov/filing-program-discrimination-complaint-usda-customer (link is external) and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 1-866-632-9992. Submit your completed form or letter to USDA by:

- 1. Mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410.
- 2. Fax:** (202) 690-7442.
- 3. Email:** program.intake@usda.gov.



MARK YOUR CALENDAR

New Year's Day
Saturday,
January 1

Our offices will be closed Friday, December 31, for the holiday.

Martin Luther King Jr. Day
Monday,
January 17

Holocaust Remembrance Day
Thursday,
January 27

Attention Students: Apply Now for Trip to DC

DON'T MISS YOUR CHANCE to win an all-expenses-paid trip to Washington, D.C., sponsored by Heart of Texas Electric Cooperative.

Imagine it: You meet up in Austin with more than 150 other teens from across rural Texas and then fly to Washington, D.C., for a fun-filled week of adventure and inspiration that includes meeting congressional leaders,



visiting national monuments and historic sites, touring Smithsonian Institution museums, and rallying with more than 1,900 fellow students for a day of stirring leadership speakers—all without having to spend a dime of your own money.

If that sounds like a trip you don't want to miss, now is your chance. After a two-year hiatus caused by the COVID-19 pandemic, the Government-in-Action Youth Tour is back and bigger than ever—and you could be a part of it.

Heart of Texas EC is now accepting applications for the unforgettable trip, June 12–21 this year.

Youth Tour is a youth leadership program sponsored by Heart of Texas EC and organized by Texas Electric Cooperatives and the National Rural Electric Cooperative Association. For more than 50 years, electric cooperatives across the state and nation have been sending young adults on this action-packed, all-expenses-paid trip to the nation's capital. And every year students return saying that it's nothing short of a trip of a lifetime.

For your shot at winning a spot on Youth Tour, apply now. Submit your application and an essay not to exceed 500 words on the history of electric cooperatives by February 15. For more information, contact Ron Poston at 1-800-840-2957 or ron@hotec.coop. ■

Scholarship Opportunity Deadline March 1

ARE YOU A RECENT high school graduate who needs money for college?

Heart of Texas Electric Cooperative takes pride in our local schools and is excited to help further students' educations by awarding 10 \$1,000 scholarships to local high school graduates. Applications are being accepted now.

To qualify for a Heart of Texas EC scholarship, a student must have graduated high school within two years of the March 1 application deadline and reside in the household of a Heart of Texas EC member. The recipient must be enrolled full or part time in an accredited college or technical school. The scholarship will be divided evenly between the fall and spring semesters, \$500 respectively.

Applications must be received by the Rosebud or McGregor office no later than March 1. For an application and a complete list of qualifications, visit our website, hotec.coop, and click on Programs then Youth Tour & Scholarships. ■

Feeling lucky?

Hey, Chet here! Join me at the all-new **TexasCoopPower.com** for your chance to win! Check out our monthly \$500 recipe contest plus contests for reader photos, getaways and more!



DID YOU KNOW?

Vampire loads come from electronic devices that use electricity when they appear to be off. Primary culprits are chargers, cable TV boxes and gaming systems.

LYNDON STRATFORD | ISTOCK.COM



Use Generators Safely

NO SEASON IN TEXAS is safe from severe weather, but last February's winter freeze tested the resilience of many across the state. After suffering without power or experiencing rolling outages, many are now looking for a backup power supply. In recent weeks, Heart of Texas Electric Cooperative members have contacted the co-op requesting advice on using generators at home.

Safety is paramount when using generators—both for the safety of you and your family and that of the co-op's line crews.

HOTEC lineworkers take necessary precautions before they work on downed power lines, including taking care to ensure that a line is de-energized before working on it. But even after taking those measures, an improperly connected generator can put our workers' lives and yours at risk.

A generator connected to a home's wiring or plugged into a regular household outlet can cause backfeeding along power lines and electrocute anyone who comes into contact with them—even if the lines seem dead.

Heart of Texas EC employees are not the only ones endangered by improper generator use. Misuse can lead to electrocution, burns, carbon monoxide poisoning and damage to property. Portable generators can be very helpful during outages, but it is imperative that you follow these safety guidelines when using them:

- ▶ Never connect a generator directly to your home's wiring unless your home has been wired for generator use, which includes having a transfer switch installed by a qualified electrician. The transfer switch can be used to disconnect your home from the power grid. Connecting the generator to a house's wiring without such a switch can cause current to flow out of your home's circuitry and along power lines, putting at risk anyone who comes into contact with those lines.

- ▶ Always plug appliances directly into generators or use heavy-duty, outdoor-rated extension cords. Make sure extension cords are free of cuts or tears and the plug has three prongs. Overloaded cords can cause fires or equipment damage.

- ▶ Ensure your generator is properly grounded. Refer to Occupational Safety and Health Administration guidelines and your generator's instruction manual for proper grounding information. If you are unsure about whether any connections include grounding, stop and call a licensed electrician to ensure everything is connected properly.

- ▶ Never overload a generator. A portable generator should only be used when needed to power essential equipment or appliances.

- ▶ Turn off all equipment powered by the generator before shutting it down.

- ▶ Only operate a generator on a dry, covered surface outdoors away from windows and doors.

- ▶ Always have a fully charged fire extinguisher nearby.

- ▶ Never fuel a generator while it's operating.

- ▶ Inspect and maintain your generator regularly. Gasoline engines and generator equipment must be periodically serviced in order to maintain reliable and safe running conditions. Check your instruction manual for proper service intervals.

- ▶ Read and adhere to the manufacturer's instructions for safe operation.

Never cut corners when it comes to safety. HOTEC encourages you to protect the well-being and safety of your family during outages and safeguard those who come to your aid during emergency situations. When we work together for the safety and good of our communities, we all benefit. ■

Dead Certain

Evading a loan shark doesn't necessarily land the author in a better place

BY CLAY COPPEDGE • ILLUSTRATION BY DANA SMITH

ONE DAY IN THE SUMMER of 1981, as I drove my taxi west on Oltorf Street toward Lamar Boulevard in Austin, I spied an old friend from high school heading east. I stuck my head out the window to catch his attention and waved. The way he looked at me you would have thought I was waving a gun. "What the heck's eating him?" I wondered. He looked like he'd seen a ghost.

A few days later I stopped by to visit another high school friend, who seemed more annoyed than usual to see me. He had a request. "Would you do all of us a favor and let the people back in Lubbock know you're not dead?"

He told me that at our class's recent 10-year reunion, which I knew nothing about, my name came up when the Lubbock Monterey High School Class of 1971 took a moment to remember classmates who had passed on. I never went to much trouble to clear up the matter. Most of my friends from high school were a year younger than I, and we stayed in contact. Besides, I incorrectly assumed I would soon be famous and the matter would resolve itself.

Years later, after another report of my death at another reunion, another friend asked, "Have you ever *told* anybody you were dead?"

"No, of course not. Why would I do that? Oh, wait. Yes, there was that one time. ..."

It happened in 1980, not long after I started driving a cab. I got paid every day, and life was good until I missed a week of work because of illness and went on the disabled list again a week later after a wreck laid me up. It set me back. I got behind on my bills and only the benevolence of a sympathetic landlord kept me from the indignity of the couch circuit.

I found a loan company unwitting enough to loan me \$300, most of which I gave to my sainted landlord and the city of Austin as I continued along the comeback trail.

Lost along the trail was the loan company. The loan officer—*shark*, actually—took to calling me every morning about the time I drifted off to sleep after another 12-hour night shift in the cab. "Hello, deadbeat" became his standard greeting. He had little interest in my sad stories and expressed no remorse over interrupting my sleep. To my expanding list of woes, I now added sleep deprivation. The

loan shark promised to turn my account over to a collection agency.

"They won't be as nice about it as I am," he said without even a trace of irony.

And then one day, like the Grinch, I had a wonderful awful idea. I'd tell the loan company I was dead, and they would go away. *Brilliant!* The next time the phone rang at the usual time, a pleasant woman's voice asked for me by my full name. A dead giveaway, I thought. Collection agencies and bill collectors are the only ones who do that. She wasn't fooling me.

"I'm sorry," I told the woman with the soft and soothing voice. "Clay is no longer with us. He's gone to that great cab stand in the sky, I'm afraid. I'm here with his family, going through what he left behind. God knows it wasn't much."

The voice on the other end actually broke a little as she offered condolences. "I'm so sorry to hear that." Sure she was. No commission. I managed a fake sob, hung up and went back to sleep. I don't know if the loan company ever called again or not because the phone company came and took away my phone the very next day.

After I explained all this to my friend, he suggested that maybe the woman who called me that day wasn't from a collection agency. Maybe she was from the Monterey reunion committee. Hmm. She *did* seem genuinely affected by my sorry piece of fake news. But life went on, and I didn't give the matter much thought until August 2021, as our class's 50-year reunion approached.

I received emails from classmates who had seen stories and books with my name attached and wondered, I suppose, if all my publications were of the posthumous sort. I wrote back, slightly misquoting Mark Twain to the effect that "reports of my death have been greatly exaggerated." I didn't mention that I was the one who had done the exaggerating.

A week later I received an email informing me that my name, after 40 years, had been removed from the class of 1971 memorial list.

Beware, former classmates. I am at large. ■



SACRED STONE OF THE SOUTHWEST IS ON THE BRINK OF EXTINCTION



Centuries ago, Persians, Tibetans and Mayans considered turquoise a gemstone of the heavens, believing the striking blue stones were sacred pieces of sky. Today, the rarest and most valuable turquoise is found in the American Southwest— but the future of the blue beauty is unclear.

On a recent trip to Tucson, we spoke with fourth generation turquoise traders who explained that less than five percent of turquoise mined worldwide can be set into jewelry and only about twenty mines in the Southwest supply gem-quality turquoise. Once a thriving industry, many Southwest mines have run dry and are now closed.

We found a limited supply of turquoise from Arizona and snatched it up for our *Sedona Turquoise Collection*. Inspired by the work of those ancient craftsmen and designed to showcase the exceptional blue stone, each stabilized vibrant cabochon features a unique,

one-of-a-kind matrix surrounded in Bali metalwork. You could drop over \$1,200 on a turquoise pendant, or you could secure 26 carats of genuine Arizona turquoise for **just \$99**.

Your satisfaction is 100% guaranteed. If you aren't completely happy with your purchase, send it back within 30 days for a complete refund of the item price.

The supply of Arizona turquoise is limited, don't miss your chance to own the Southwest's brilliant blue treasure. Call today!

Jewelry Specifications:

• Arizona turquoise • Silver-finished settings

Sedona Turquoise Collection

- | | | | |
|--|-------------------|-------------------|-------------------|
| A. Pendant (26 cts) | \$299* | \$99 +s&p | Save \$200 |
| B. 18" Bali Naga woven sterling silver chain | \$149 | | |
| C. 1 1/2" Earrings (10 ctw) | \$299* | \$149 +s&p | Save \$150 |
| Complete Set** | \$747* | \$299 +s&p | Save \$448 |

** Complete set includes pendant, chain and earrings.

Call now and mention the offer code to receive your collection.

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Offer Code STC589-05

You must use the offer code to get our special price.

* Special price only for customers using the offer code versus the price on Stauer.com without your offer code.

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B.

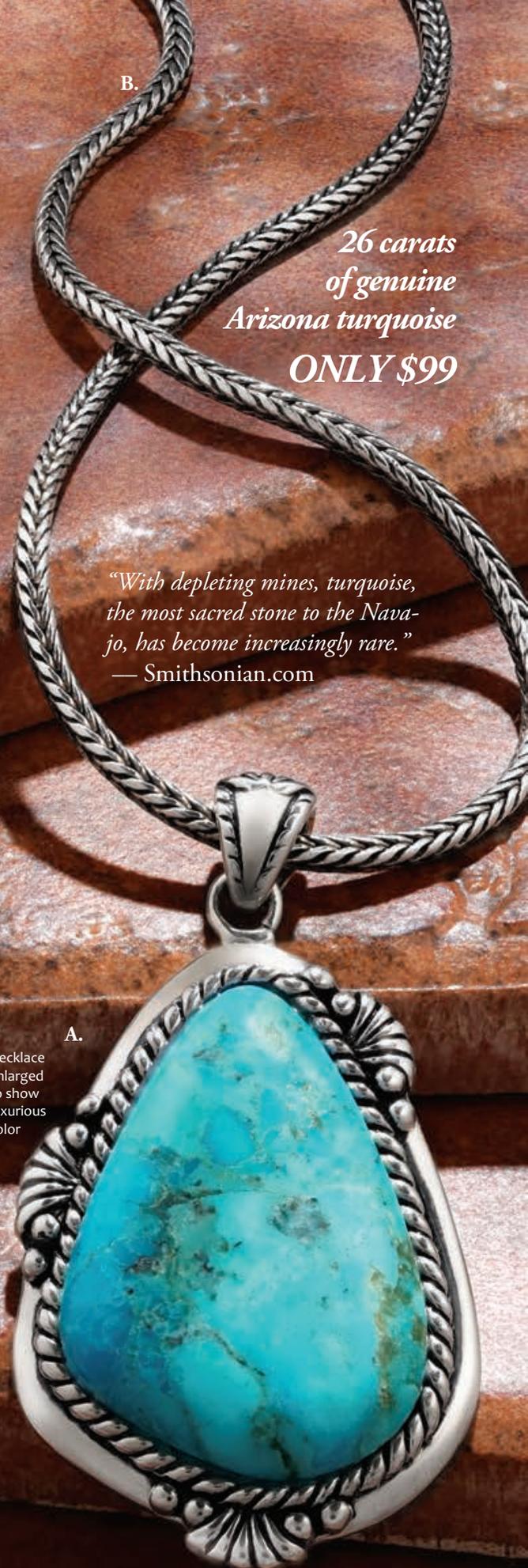
26 carats
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ONLY \$99

"With depleting mines, turquoise, the most sacred stone to the Navajo, has become increasingly rare."

— Smithsonian.com

A.

Necklace enlarged to show luxurious color



Stauer... Afford the Extraordinary.®



Serving Collectors Since 1945

FREE!

2021 Kennedy Half Dollar

- ◆ Uncirculated Condition
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The handle is made from genuine natural bone, and features decorative wood spacers and a hand-carved motif of two overlapping feathers—a reminder for you to respect and connect with the natural world.

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Joined by a Fence

How rural America turned barbed wire into telephone lines

BY W.F. STRONG

HISTORIAN J. EVETTS HALEY noted that the XIT Ranch was probably the largest fenced range in the world, and its barbed wire enclosed more than 3 million acres. The huge enclosure helped manage enormous cattle herds and deterred rustlers but also gave rise to the creative use of a new technology: the telephone.

Consider these reports from other parts of the West. In 1897, *The Electrical Review* reported that “on a ranch in California, telephone communication had been established between the various camps ... by means of barbed wire fences.” Also in 1897, the *New England Journal of Agriculture* observed that two Kansas farmers, a mile apart, had attached phone instruments to a barbed wire fence that connected their farms and established easy communication.

The Butte Inter Mountain included this notice in 1902: “Fort Benton’s latest development is a barbed wire telephone communication.” The article points out that people of that part of Montana were not happy with barbed wire, but they had decided to look at its practical side and created a telephone exchange that would connect all the ranches to Fort Benton.

On the XIT, given that the ranch covered more than 4,500 square miles, there was interest in creating a communication system that would be more efficient than sending out fast riders to distant camps. “In the early 1900s,” Haley wrote in his 1929 history of the XIT, “a great many telephones were placed upon the ranch. Where possible, the top line of the fences was used as a telephone line, though the ‘service’ was atrocious. It did allow for

TCP WEB EXTRA

Listen to W.F. Strong read this story.



quick communication concerning emergencies such as grassfires that required all cowboys immediately.” There was even talk among technology geeks of the era that cowboys could carry phones wherever they went and clip on to the fence to report problems.

The rudimentary use of barbed wire on the ranches led to more creative thinking about rural phone systems. Historian Don Anderson, who earned a doctorate in electrical engineering from Stanford University, told me that barbed wire phone systems led to the conclusion that “using whatever is already in place is smart planning.”

So when rural Texas wanted to extend phone service from town to town, engineers decided they could use the existing rural power lines, already installed by electric cooperatives through the Rural Electrification Administration, and run the phone signal through the electric lines at a different frequency. That saved a lot of money and brought phone service along with electricity to rural areas.

Still, many ranches liked their barbed wire systems and kept them, even though the voice quality wasn’t very good. As late as the early 1970s, a dairy farmer I knew had a barbed wire phone running a half-mile from his house to the barn. He said it was good for talking to his wife about what time to come in for supper. But most of all, he said, “It’s free. I don’t have to pay Ma Bell nothing for that phone, and I enjoy thinking that it’s a burr in their saddle.”

It is fascinating, Anderson said, to consider that what started as a fence system on the XIT evolved into what is XIT Communications, a co-op that provides phone service and high-speed internet to rural communities—some in the footprint of the original ranch. ■

Soups and Stews

Stir up satisfying comfort food with a variety of ingredients

BY MEGAN MYERS, FOOD EDITOR

Soups have always been a go-to dish in my house. Virtually anything can be turned into a soup, so even when I haven't been to the grocery store in a while, I know I can still throw something together. This Beef Bulgur Soup is an economical option, thanks to the tenderized round steak. Bulgur is a parcooked wheat grain that can be found alongside rice, quinoa and other grains. If you prefer, substitute a small pasta such as orzo or ditalini.



Beef Bulgur Soup

1 tablespoon butter
16 ounces tenderized round steak,
cut into ½-inch chunks
½ cup diced onion
2 tablespoons flour
1 teaspoon salt
½ teaspoon pepper
½ teaspoon paprika
¼ teaspoon garlic powder
4 cups beef broth
2 sprigs fresh rosemary
1 cup diced carrots
1 cup diced celery
¾ cup bulgur

1. In a stockpot or Dutch oven, melt butter over medium heat. Add beef, stirring to brown on all sides. Add onion and cook until soft.

2. Mix together flour, salt, pepper, paprika and garlic powder, then sprinkle over beef and onion. Stir well to coat. Stir in beef broth, scraping any stuck bits in the pot as needed, then add rosemary. Bring to a boil, then reduce heat to low, cover and let simmer 25–30 minutes, until beef is tender.

3. Add carrots, celery and bulgur and continue to simmer, uncovered, 15–20 minutes, until vegetables are softened and grains have fully absorbed liquid. Taste and adjust salt and pepper as needed, and remove rosemary sprigs before serving.

SERVES 4–6

TCP WEB EXTRA Follow along with Megan Myers and her adventures in the kitchen at stetted.com, where she features a recipe for Black Bean Soup.



Chicken and Ginger Soup

JENNIFER BRANNEN
BLUEBONNET EC

This Asian-inspired soup is heavy on ginger, livening up the senses whether you enjoy it for dinner or as breakfast leftovers, as Brannen recommends. Keep in mind that fish sauce is very salty, so add according to your taste.

- 12 ounces boneless, skinless chicken breasts, cubed**
- 3 ribs celery, chopped**
- 1½ ounces peeled ginger root, minced (about ⅓ cup)**
- ½ cup finely chopped cilantro**
- 7–8 cups low-sodium chicken broth, divided use**
- 3–4 tablespoons fish sauce**
- 2 cups cooked long-grain white rice**
- Green onions, thinly sliced**
- 1 serrano pepper, thinly sliced**
- Fried garlic chips**

COOK'S TIP Make fried garlic chips by frying ¼ cup of thinly sliced garlic cloves in ⅓ cup of canola oil until golden. Strain the garlic through a sieve but keep the garlic-infused oil for other uses.

1. In a large stockpot or Dutch oven set over medium-high heat, combine chicken, celery, ginger, cilantro, 6 cups broth and fish sauce and bring to a boil. Reduce heat to low and simmer 30–45 minutes.
2. Stir in cooked rice and continue to simmer until the rice has absorbed the broth. Add the remaining broth if needed. Serve with green onions, serrano pepper and garlic chips on the side.

SERVES 4–6

[MORE RECIPES >](#)

\$500 WINNER

Chicken and Dumplings Soup

AMANDA DECESARO
TRINITY VALLEY EC



Perfect for chilly nights, chicken and dumplings are the ultimate comfort food. Mix the dumpling batter just before adding to the soup to retain the best texture.

SERVES 6



SOUP

- 1½–2 pounds boneless, skinless chicken thighs**
- 3 tablespoons butter**
- 1 yellow onion, diced**
- 1 teaspoon pepper**
- 1½ teaspoons salt**
- 1 teaspoon celery salt**
- 4 cups unsalted chicken stock**
- 1 cup water**
- 2 bay leaves**
- 3 cups baby carrots or chopped carrots**

DUMPLINGS

- 1½ cups flour**
- 1 tablespoon minced fresh parsley**
- 2 teaspoons baking powder**
- ½ teaspoon salt**
- ⅙ teaspoon ground nutmeg**
- ⅔ cup milk**
- 1 egg, slightly beaten**
- ⅙ cup (¼ stick) butter, melted and cooled**

1. SOUP In a large stockpot or Dutch oven set over medium-high heat, brown chicken with butter. Once browned, cut into small strips, then return to pot and add onion. Sprinkle in pepper, salt and celery salt. Sauté until onions are slightly cooked but not soft.

2. Add chicken stock, water and bay leaves. Bring to a boil, reduce heat to low and cover. Let simmer 10 minutes. Add carrots and simmer, covered, for an additional 15 minutes.

3. DUMPLINGS Mix together the dry ingredients. Add milk, egg and butter and stir until just blended.

4. When ready to add dumplings, remove bay leaves from soup, taste, and adjust salt and pepper as needed. Drop spoonfuls of dumpling batter into pot, spacing as much as possible. Cover and simmer 15 minutes, until dumplings are no longer doughy. Serve soup with a few dumplings in each bowl.

TCP \$500 Recipe Contest

WEEKNIGHT DINNERS DUE JANUARY 10

We're looking for go-to recipes for busy weeknights. Submit yours at [TexasCoopPower.com/contests](https://TexasCoopPower.com/) by January 10 for a chance to win \$500.





Potato Leek Soup With Dill

REXANNE MEAUX
PEDERNALES EC

Potato soup always hits the spot, and dill adds bright flavor to Meaux's version. To wash the leeks completely, slice and add them to a bowl of cold water, swirling to dislodge any dirt between the layers.

- 1 tablespoon butter**
- 3 large leeks, thinly sliced and washed (white and light green parts only)**

- 2 large russet potatoes, peeled and cubed**
- ¾ cup white wine, divided use**
- 4 cups chicken broth**
- 1 cup heavy cream**
- 2 tablespoons chopped fresh dill, plus more to taste**
- ¾ teaspoon salt**
- ½ teaspoon pepper**
- Fresh dill sprigs, for garnish**

- In a stockpot or Dutch oven, melt butter over medium heat. Add leeks and sauté 10 minutes or until tender. Add the potatoes, ½ cup wine and broth. Bring to a boil, reduce heat to low and simmer, uncovered, 1 hour and 15 minutes or until the potatoes are very tender.
- Transfer soup in batches to a blender and blend until smooth. Return the soup to the pot and add remaining ¼ cup wine, heavy cream, dill, salt and pepper. Heat through and serve, garnishing bowls with fresh dill.

SERVES 4-6

Soup Improv

BY MEGAN MYERS

Looking for ways to riff on your soup recipe? Try one (or a few) of these ideas:

Add a cheese rind. Parmesan rinds add umami, which enhances the other flavors in your soup.

Finish with lemon to brighten the flavor. This works especially well in chicken soups.

Serve with a dollop of sour cream or yogurt for tang.

Chopped fresh herbs are a great finish to any soup.

Thicken soups without cream by puréeing beans or vegetables from the soup and adding them back in.

Brown the meat for full flavor, and deglaze the pan with a small amount of white or red wine, depending on the recipe. The alcohol will cook off, leaving only the flavor behind.

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COURTESY CHET GARNER

Faux Chic, for Sure

Like a desert mirage, Prada Marfa perplexes

BY CHET GARNER

I'M NOT A SHOPPER and never have been. So I was having an internal struggle when I found myself driving more than seven hours from my Central Texas home to visit a high-end designer retail store in the desert.

Why was I dedicating so much time to this quest when I don't even know Versace from Vuitton? Those are different, right?

But once I arrived at the remote outpost known as Prada Marfa, the answer became clear.

I reached Marfa in record time but was disappointed to learn that my destination was still 36 miles west. I cruised U.S. 90 parallel to a set of train tracks for what seemed like hours, past the crumbling set of the movie *Giant* and through the tiny town of Valentine. I was about to turn around thinking I had missed my destination when I spied a boxy building up the road on my left. I pulled over and stepped into the Texas heat.

This was Prada Marfa, a stark white building that looks like an honest-to-goodness boutique storefront beside an empty highway. It's as if anyone could walk in, slap down some cash and leave with the fanciest footwear in West Texas. However, at this Prada store there is no staff. They don't accept credit cards. In fact, the front door doesn't even open. Because even though it looks authentic, Prada Marfa is a permanent work of art constructed in 2005 by the Swedish duo Elmgreen & Dragset as a comment on consumerism.

I peered through the window at displays of thousand-dollar purses and a wall of elegantly lit high-heeled shoes. I chuckled, wondering if anyone ever trekked out here expecting to buy designer items and left disappointed. I was happy to only window-shop, but even that cost me 14 hours on the road. ■

ABOVE Chet visits the art installation called Prada Marfa, along U.S. 90, about halfway between Marfa and Van Horn.

TCP WEB EXTRA Watch Chet's dispatch from Marfa at TexasCoopPower.com/travel. And to see the front doors Chet does make it through, watch his *Texplorations* on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details.

JANUARY 08

Frisco NCAA Division I FCS Football Championship, (972) 292-5250, visitfrisco.com

Kerrville Symphony of the Hills: Outlaws and Heroes, (830) 792-7469, symphonyofthehills.org

Monahans Sandhills Resolution Run, (432) 943-2187, monahans.org

San Marcos Purgatory Trail Run, (877) 806-3987, athleteguild.com

Temple Family Day—Cabin Fever: Stargazing, (254) 298-5690, templeparks.com

Boerne [8–9] Market Days, (210) 844-8193, boernemarketdays.com

Dallas [8, 15, 22] The Dinner Detective Murder Mystery Dinner Show, 1-866-496-0535, thedinnerdetective.com

15

Fredericksburg Luckenbach Blues Festival, (830) 997-3224, luckenbachtexas.com

Granbury 7 Bridges: The Ultimate Eagles Experience, (817) 573-5548, thenewgranburylive.com

Lake Jackson Bird Banding, (979) 480-0999, gcbo.org

McKinney Night Hike, (972) 562-5566, heardmuseum.org

Mesquite Martin Luther King Jr. Celebration,
(972) 204-4925,
visitmesquitetx.com

**Fredericksburg [15-16]
Hill Country Gem & Mineral
Show,** (325) 248-1067,
fredericksburgrockhounds.org

16

**Fredericksburg Agarita
Chamber Players,**
(830) 997-6523,
fredericksburgmusicclub.com

17

**Elgin Martin Luther King Jr.
Walk,** (512) 281-5724,
elgintx.com

**Houston MLK Grande
Parade,** (713) 560-8328,
mlkgrandeparade.org

20

**Corpus Christi Third
Thursdays,** (361) 825-3500,
artmuseumofsouthtexas.org

22

**Fredericksburg Hill Country
Indian Artifact Show,**
(830) 329-2636,
hillcountryindianartifacts.com

**Irving Fela in Concert:
A Tribute to Whitney
Houston,** (972) 831-8818,
irvingsymphony.org

Orange CeCe Winans,
(409) 886-5535, lutchter.org

**Surfside Beach Food and
Art Festival,** (979) 233-1531,
surfsidetx.org

**Victoria Victoria
Symphony: José Feliciano,**
(361) 576-4500,
victoriasymphony.com

MORE EVENTS >

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yagaschiliquest.com

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JANUARY EVENTS CONTINUED

22

Belton [22–23] Sami Show Marketplace,
(512) 441-7133,
samishow.com

23

Lufkin Popovich Comedy Pet Theater,
(936) 633-5454,
angelinaarts.org

27

Corsicana Asia,
(903) 874-7792,
corsicanapalace.com

29

Bay City Wild Game and Wine Camofest,
(979) 245-8081,
facebook.com/
baycitycamofest

Grand Prairie Tom Segura,
(972) 854-5076,
texastrustcutheatre.com

Lufkin Brit Beat,
(936) 633-5454,
angelinaarts.org/
pines-series

Port Aransas Home Tour, (254) 289-4510,
portaransasgardenclub.org

Tyler Charles Yang, Violin Rock Star, (903) 566-7424,
cowancenter.org

FEBRUARY

03

Tyler Beautiful: The Carole King Musical,
(903) 566-7424,
cowancenter.org

San Angelo [3–20] Livestock Show,
(325) 653-7785,
sanangelorodeo.com

05

Abilene Abilene Philharmonic: The Wonderfully Wicked Music of Oz,
(325) 677-6710,
abilenephilharmonic.org

Bellville Market Day,
(979) 865-3407,
discoverbellville.com

El Paso Shen Yun,
1-877-663-7469,
shenyun.com/el-paso

Huntsville Sam Houston Square and Round Dance Association Presidents Ball, (936) 494-8402,
shsrda.weebly.com/
events.html

McKinney McKinney Philharmonic Orchestra: Music in Motion,
(469) 633-9104,
mckinneyphilharmonic.org

Sweetwater Lift Every Voice Art Show and Concert, (325) 235-5488,
sweetwaterauditorium.org

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BY GRACE FULTZ

1 TONYA CARLIN
CECA

"Being a mother of a firefighter, this photo represents the brotherhood shared between these individuals."



1

2 PATTY DISHMAN
PEDERNALES EC

"The hot air balloon festival in Horseshoe Bay always fires me up for great photo opportunities."



2

3 BROOKE WILLIAMS
TRINITY VALLEY EC

Homecoming parade in Forney.



3

4 CADEN WILSON
UNITED COOPERATIVE
SERVICES

Cowtown rodeo.



4

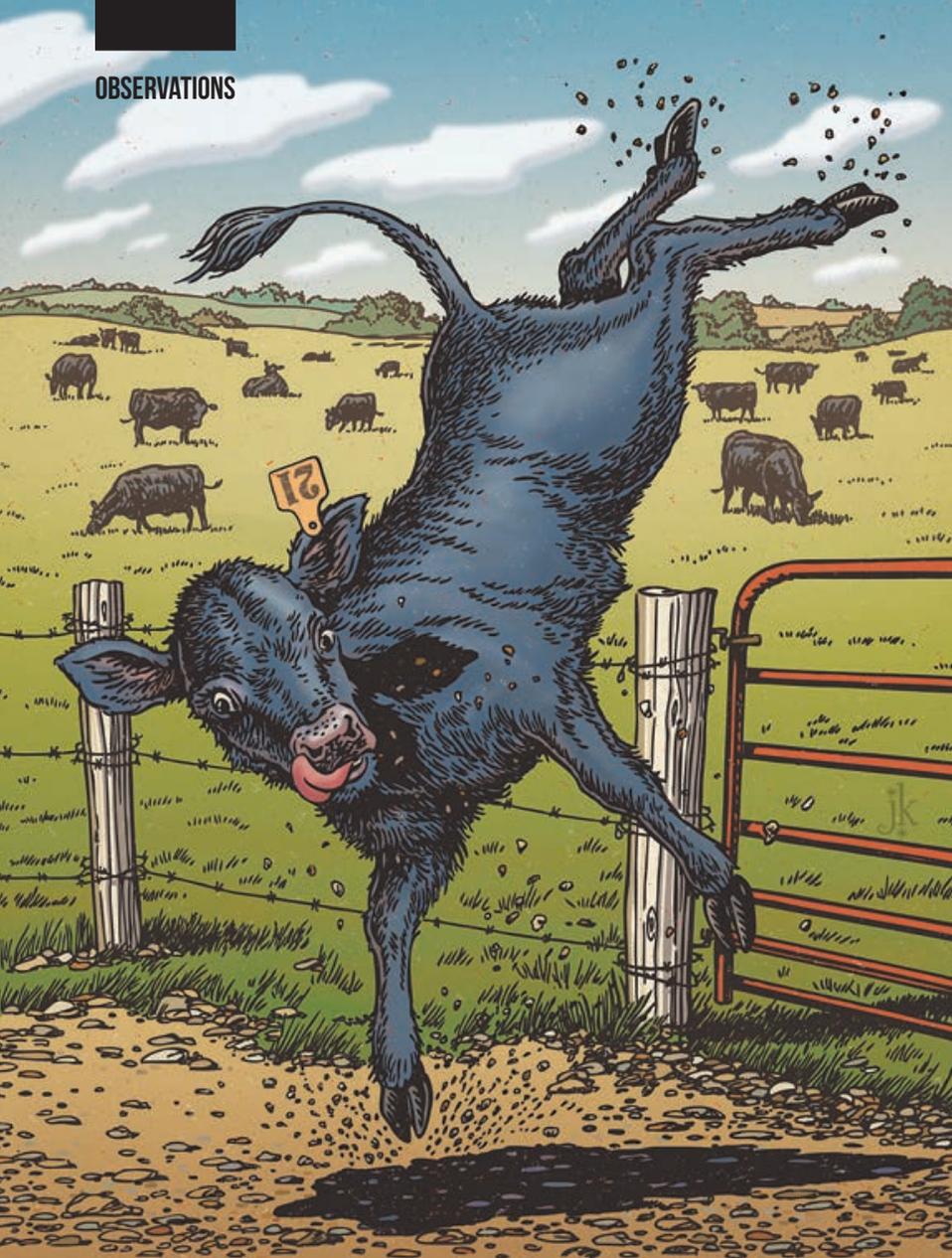
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Buck's Pluck

What we learned from a spunky calf

BY MARTHA DEERINGER
ILLUSTRATION BY JOHN KACHIK

LIFE LESSONS can crop up in the oddest places. Such was the case when an undersized black calf with an oversized personality was born on our farm a few years ago. A green hillside dotted with black cows and new calves is a tranquil scene. It's almost impossible to tell one calf from another without getting close enough to read the numbers on their ear tags.

Except for Buck Rogers.

Within hours of birth, Buck Rogers, a Black Angus bull calf, hopped in circles around his mother with that peculiar tippy-toed new-calf gait, flipping his stubby tail and kicking at the sky with his hind legs. While most newborn calves wobble for a day or two, Buck Rogers bucked and kicked across the pasture with total disregard for his mother's whereabouts. An inexperienced first-

calf heifer, Mama lumbered behind, bawling out warnings about the dire consequences of not minding your mother.

We almost never name cattle. If you grow attached to them, you might find yourself a vegetarian with a bank account drenched in red ink. Buck Rogers was the exception. It was easy to spot him: He was the small black blur galloping through the peaceful scene.

Most folks who own animals will testify that the critters have distinct personalities. Samuel D. Gosling, a University of Texas psychologist, agrees. "Animals have personalities, emotions and thoughts, just as humans do," says Gosling, who has published several articles on the subject.

Across the garden fence one afternoon, we heard a tremendous clatter, something like an explosion in an aluminum pan factory. Buck Rogers, awakening from a nap under a cotton wagon, had launched into one of his outrageous bucking episodes, his head and back hitting the wagon's underside with all the force his 70-pound frame could muster. He finally bucked his way out and dashed off, leaving me wiping tears of laughter from my face. Crystal clear was the notion that the little fella lived with *joy!*

Like his namesake, a fictional space opera character from the 1930s, the bovine Buck Rogers awoke each morning bent on new adventures. Chasing guineas set off a raucous squawking chorus that seemed to amuse him. Although he never reached outer space as his cartoon namesake did, he sometimes attempted flight by leaping into the air from the top of a large mound of manure scooped from cow and horse pens.

Eventually he grew up and moved on to pastures elsewhere, but he brightened our days and made us think about the importance of living with energy and enthusiasm. ■

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